FOOD SAMPLE COLLECTION AND SUBMISSION INSTRUCTIONS

1. Fill in the PathWest Food Hygiene Laboratory Food Request Form [F] (Form MFHW001) with the following information:
   - Company Name, Address and Contact Details
   - Date Sampled and Sampled By/Signed
   - Purchase Order No. (if applicable)
   - Additional Sample Comments
   - Purpose of Analysis (select one):
     a. Food Complaint
     b. Food Poisoning
     c. Routine Monitoring (select tests required)
     d. Other Tests (specify tests required)
   - Sender’s No. (your sample reference number, if applicable)
   - Food Type (description of food sample)
   - Brand
   - Date of Manufacture and Use by Date
   - Temperature (°C)

2. Please provide a minimum of 200 gram sample. The food samples should be sent in an insulated transport container with chilled ice bricks and submitted to the laboratory within 24 hours of collection.

3. For Food Poisoning and Food Complaint, complete the Incident Report on page 2 of the request form.

4. For Shelf-life Testing, a separate request form and food sample must be provided for the initial analysis and each subsequent tests.

5. For routine testing of ready-to-eat food samples, the following tests will be performed unless requested otherwise:
   - Total Plate Count
   - Escherichia coli Count
   - Coagulase Positive Staphylococci Count
   - Salmonella Detection
   - Listeria monocytogenes Detection

   NOTE: Please specify any additional tests required in the “Other Tests” section of the request form, e.g. Bacillus cereus, Campylobacter, Clostridium perfringens, Coliforms, Escherichia coli O157:H7, Shiga-toxin producing Escherichia coli, Vibrio parahaemolyticus, Yeast and Moulds, and Antibiotic Assay.

6. The following food sampling equipment is supplied by PathWest and can be requested by completing the PathWest FHL Supply Order Form (Form MFHW118) and sending the completed form to laboratory by email: foods.pathwest@health.wa.gov.au or fax: (08) 9381 7139:
   - Whirlpak bags - large 35cm or stand-up 20cm
   - Sterile spatulas (5pcs/pack)
   - Insulated transport containers and ice bricks

7. Deliver the food samples by 3:00 pm, Monday - Friday to:
   PathWest Food Hygiene Laboratory
   Level 2, J Block, QEII Medical Centre, Hospital Avenue, Nedlands 6009

8. For any queries, please contact:
   - Scientist-in-Charge
     Phone: (08) 6457 2165
   - Food Hygiene Laboratory
     Email: foods.pathwest@health.wa.gov.au
     Phone: (08) 6457 2169