



I need a blood test (venepuncture)

1



My doctor has told me that I need to have a blood test. This blood test is called a **venepuncture** (vee-nee-punk-cher).

2



The blood test helps my doctor understand what is happening inside my body.

3



Some people like to use numbing cream, so the poke does not bother them as much. Numbing cream can be given to me on the ward or bought at a pharmacy. My caregiver can help with this. Make sure to do this early so the cream has time to work.

4



I will go to **Clinic B, PathWest**, near the main entrance at **Perth Children's Hospital**. I can watch my device, read a book or play while I wait.

5



When I arrive, I will sit on a **comfy chair**. I can choose to sit with my caregiver, or by myself.

6



The collector will put a **squeezy band** around my arm. This is called a **tourniquet** (ter-nih-kay). It might make my arm feel tight, heavy, or floppy. This won't last very long. Then they will feel my arm for the best spot.

7



The collector will clean my skin. They will use a little butterfly needle to take my blood. Sometimes another collector will help by gently supporting my arm.

8



My job is to **keep my arm still**, even if it feels a little different. I can bring something to watch, play or fidget with. My parent or carer can stay with me the whole time.

9



When the blood test is complete, the needle is taken out and the collection is **finished**. Now the job is done, and it is **time to go**.

