

After your pathology test



After your test, please follow these instructions carefully to reduce the risk of injury. Also, take a moment to review the back page for guidance on obtaining your results.



After your blood test

To minimise the risk of bruising and/or continued bleeding, we encourage you to leave the dressing in place for at least one hour and rest your arm where possible.

Additionally, for 2-6 hours after, it is suggested that you avoid:

- Lifting or carrying heavy items
- Wearing tight or restrictive clothing above or around the collection site
- Exercise or strenuous activity which may stimulate blood flow to the area.

You may experience some of the following after your blood test:

Bleeding

Apply firm pressure for five minutes with a clean dressing. If bleeding is excessive or if you are on anticoagulant therapy, apply firm pressure and elevate your arm immediately.

Bruising

Small bruises are common but if the bruise is bigger than a 10 cent piece and/or uncomfortable, apply an ice pack and elevate the site where your blood was taken.

Swelling, pain and redness after 24 hours

Seek your doctor's advice or call 13 PATH (7284) and ask for after-care advice.

After a nail clipping/skin scraping

Due to the nature of the procedure, you may notice your nail/s have jagged edges. Trimming or filing your nail/s will resolve this.

After your pathology test

Your test results

Having a discussion with your doctor regarding your pathology test results is essential, and PathWest ensures that your results are automatically forwarded to your doctor. If you need an additional copy, here are some other ways to access your results:



My Health Record is a safe and secure place to keep your key health information, available to you and your healthcare providers anytime.

Your results will automatically be uploaded to your record, unless you specify on the request form that you do not want this to happen, or if you have previously opted out.

Please allow up to seven days for your results to appear on your record.

Request a copy of your results

If you are unable to access your results from *My Health Record*, call PathWest on **13 PATH (7284)** and request one of these delivery methods:

- Fax to your doctor, to be collected on your next visit
- Collect in person from a PathWest collection centre. Photo identification is required upon collection. (Note: you are unable to collect results on behalf of someone else. Children's results cannot be collected by a parent /guardian.)
- Post to your residential address as nominated on the request form.

To protect your privacy, we are unable to provide results over the phone or via email.



How did we do?

We care about continually improving your experience when you visit a PathWest collection centre.

Here are some ways to share your feedback with us:



Online
Scan the QR Code



Write
Ask our staff for a feedback form



Email
feedback.pathwest@health.wa.gov.au



Call
13PATH (7284)

Disclaimer: This publication is for general education and informational purposes. Contact a qualified healthcare professional for any medical advice needed.
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