

# Midstream urine sample collection

NO BOOKING REQUIRED



If the urine sample is not refrigerated or there is a delay in delivering it to PathWest, bacteria in the sample can multiply. This can affect your results and you may be asked to repeat the test.



***You should have been provided with a sterile container for your sample. If the container is broken or you have touched the inside surface, please request a new container.***

1. Wash your hands with soap and water and dry them before taking your sample.
2. Label the container with your **full name, date of birth and the date and time of collection.**
3. **Females:** Sit astride the toilet and cleanse your vagina from front to back with a clean wipe.  
**Males:** Cleanse your penis with a clean wipe. If uncircumcised, retract your foreskin and cleanse.
4. Begin urinating into the toilet. After 3 seconds, position the container in the urine stream for 4-6 seconds or until it is **10-20ml** filled, then remove the container and continue urinating into the toilet.
5. Seal the container securely to prevent leaks. Wash your hands thoroughly with soap and water.

## Sample handling, storage and delivery

### If you are at a collection centre

Place the container into the plastic bag provided and hand it to a staff member.

### If you are collecting a sample at home

Deliver it to a PathWest collection centre within **one hour**. If immediate delivery is not possible, store the sample in the refrigerator (not freezer) for up to 12 hours in an additional sealed bag.

Disclaimer: This publication is for general education and informational purposes. Contact a qualified healthcare professional for any medical advice needed. State of Western Australia, PathWest Laboratory Medicine WA 2024