

24 Hour urine sample collection

NO BOOKING REQUIRED



If the urine sample is not refrigerated or there is a delay in delivering it to PathWest, it can impact your results, and you may be asked to repeat the test.



Scan for locations

The urine container/s you have been given may already contain some fluid or crystals. This is a preservative. Do not discard or tip over. Handle with care.

1. We recommend starting a collection in the morning.
2. Empty bladder into the toilet. Write this **time** and **date** on the label of the urine bottle e.g. Time Started: HH:MM (e.g. 8:15am) Date Started: DD/MM/YY
3. From this time on, collect ALL urine passed into the 24hr collection bottle provided. Please avoid directly urinating into the bottle as the preservative (if present) may splash.
4. The following day at EXACTLY the start time noted on the label from the previous day (e.g. 8:15am) pass urine for the last time and pour into the collection bottle. Write this time and date on the label as **Time** and **Date Completed**.
5. Write your **full name, date of birth, height, weight**, as well as the **referring doctor** (if known) on the outside of the bottle
6. Deliver the bottle and your request form to a PathWest collection centre on the same day the 24 hour collection is completed.

Urine can be collected in the container by either:

a) Clean and dry a suitable plastic collection container, such as an ice cream or large yoghurt container. Collect ALL urine passed into the clean container and carefully pour into the 24hr collection bottle provided.

b) A sterile funnel can also be provided. Place the funnel directly over the opening of the bottle once the lid has been removed. Collect ALL urine passed through the funnel into the 24hr bottle.

***Store bottle up-right in the refrigerator during the 24 hours**